



Open Up and Recover Safely

A Three-phased Approach to Open Oklahoma's Economy

Published April 22, 2020
Revised May 18, 2020



OKLAHOMA

Open Up and Recover Safely (OURS)

Oklahoma will begin implementing a three-phased approach to open Oklahoma's economy back up starting April 24, 2020. This statewide plan is:

1. Based on scientific modeling from public health experts
2. Intended to mitigate risk of resurgence
3. Intended to protect Oklahoma's most vulnerable citizens from the threat of COVID-19ⁱ
4. Intended for businesses and individuals to utilize in conjunction with guidance from the Oklahoma Department of Commerce, the Oklahoma State Health Department, and the Centers for Disease Control (CDC).

Before proceeding to a new phase, the Secretary of Health and Mental Health will confirm:

- That Oklahoma COVID-19 hospitalizations and incidents are at a manageable level,
- that hospitals are treating all patients without [alternate care sites](#),
- that there is sufficient testing material in the state and ability to conduct contact tracing, and
- that the state can quickly and [independently supply](#) sufficient Personal Protective Equipment (PPE) and critical medical equipment, including ICU equipment, to handle a surge

Further, the State of Oklahoma must address the following core responsibilities before proceeding to Phase 1:

- Ensure the ability to quickly set up safe and efficient [testing](#) for symptomatic individuals
- Provide guidance intended to protect the health and safety of workers in critical industries
 - **Employers** should consider:
 - [Developing policies](#) for temperature checks, sanitation, use and disinfection of common areas,ⁱⁱ and business travel
 - Monitoring workforce for indicative symptoms; not allowing symptomatic people to physically return to work and consider implementing flexible sick leave and supportive policies and practices.
 - Developing and implementing policies and procedures for workforce contact tracing following employee COVID-19 testing
 - and [implementing appropriate policies](#) regarding social distancing and PPE
 - **Individuals** should:
 - Continue to adhere to State and local guidance as well as complementary CDC guidance regarding social distancing
 - Wash hands with soap and water
 - Avoid touching the face
 - Disinfect frequently-used items and surfaces as much as possible
 - Consider using face coverings while in public and when using mass transit

- Stay home and contact their doctor if they are feeling sick
- **Monitor** conditions to limit and mitigate any rebounds or outbreaks

If hospital & incident rates remain at a manageable level for 14 days, we move to Phase 1

Phase 1

Individual guidance:

- Continue following safer-at-home ⁱⁱⁱ guidelines if they are over 65 or part of a vulnerable population.
- Maximize social distance from others when in public (e.g., parks, outdoor recreation areas, shopping areas).
- Avoid socializing in groups or facilities that do not readily allow for appropriate social distancing.
- Minimize non-essential travel ^{iv} and adhere to CDC guidelines and Executive Orders regarding isolation following travel.

Employer guidance:

- Create plans to allow employees to return to work in phases.
- Close common areas or enforce social distancing protocols.
- Minimize non-essential travel and adhere to CDC guidelines and Executive Orders regarding isolation following travel.
- Honor requests of personnel who are members of a vulnerable population for special accommodations.

Specific Employer guidance:

- Schools and organized sporting events and camps that are currently closed should remain closed until further notice
- Visits to Senior Living Facilities are prohibited
- A single visitor is allowed if the treating physician determines the benefit to the patient outweighs the potential risk to other patients.

April 24, 2020, the following businesses can reopen:

- Personal care businesses, such as hair salons, barbershops, spas, nail salons, and pet groomers can reopen for appointments only, must adhere to sanitation protocols, and follow guidelines posted on the Oklahoma Department of Commerce website regarding social distancing between customers and visitors at personal care businesses.
- State parks and outdoor recreation should be reopened
- Grocery stores should continue to maintain hours for vulnerable populations

May 1, 2020, the following businesses can reopen:

- Dining, entertainment, movie theatres and sporting venues can operate using CDC-recommended social [distancing and sanitation protocols](#).
- Gyms can reopen if they adhere to CDC-recommended social distancing and sanitation protocols.

- Places of worship can reopen for in-person meetings or worship if they leave every other row or pew open and adhere to CDC-recommended social distancing and sanitation protocols, plus the recommended guidelines from the Oklahoma Department of Commerce.
- Bars should remain closed.
- Tattoo Parlors can reopen for appointments only and must adhere to sanitation protocols and social distancing protocols for distancing between customers and visitors.

If hospital & incident rates remain at a manageable level for 14 days, we move to Phase 2.

Phase 2

Started May 15, 2020 (subject to all Phase 1 guidelines being met)

Once hospital and incident rates remain at a manageable level for 14 more days, the following phase will apply:

Individual guidance:

- Continue following safer-at-home guidelines if they are over 65 or part of a vulnerable population.
- Maintain social distancing from others when in public.
- Avoid socializing in groups that do not readily allow for appropriate social distancing.
- Consider resuming non-essential travel.

Employer guidance:

- Close common areas or enforce social distancing and sanitation protocols.
- Honor requests of personnel who are members of a vulnerable population for special accommodations.
- Employers are recommended to implement social distancing protocols, which include proper sanitation and use of protective equipment when interacting with the public.

Specific Employer guidance:

- Organized sports activities can reopen and operate under proper social distancing and sanitation protocols.
- Visits to Senior Care Facilities are still prohibited.
- Visits to hospitals shall be subject to the following limitations.

In response to the COVID-19 pandemic, health care facilities (hospitals, ambulatory surgery centers, outpatient diagnostic centers, and clinics) are uniquely charged with protecting both the health of those they serve and the health of their caregivers. As an essential part of the front line to stopping the community spread of COVID-19, health care facilities should maintain compliance with current CDC guidelines regarding limiting visitation to their facilities through the establishment of policies that limit the number of people who may access their facility.

Depending upon the prevalence of community spread and number of suspected or confirmed COVID-19 patients in the facility, in consultation with medical staff, the facility shall determine the visitation policies. If determined that it is safe for the patient and the staff, the following visitation will be allowed in Phases 2 and 3 of the OURS plan:

1. Each patient may be permitted one adult Patient Representative to support and assist the patient with receipt of care. The Patient Representative should be the same throughout the admission or visit.

a. Additional Patient Representatives may be permitted if exceptional circumstances warrant consideration and in compliance with facility policy.

b. Patient Representatives shall be subject to any screening procedures required by the facility including temperature screenings, observance of hand hygiene practices, and the wearing of their own mask at all times while in the facility.

2. The facility may further limit access to patients when Patient Representatives fail to follow facility policy.

3. Social distancing is required at all times.

- Bars can operate with diminished standing-room occupancy, where applicable and appropriate, and under social distancing and sanitation protocols.
- Funerals and weddings can resume under social distancing protocols.
- Children's nursery areas in places of worship can reopen.

If hospital & incident rates remain at a manageable level for 14 days, we move to Phase 3

Phase 3

Goal of June 1, 2020 (Subject to all guidelines being met)

Once hospital and incident rates remain at a manageable level statewide for 14 more days Phase 3 will apply, which will allow for further public interaction.

Further details for Phase 3 will be provided once the state enters Phase 2, but the recommendations below are a starting point for planning purposes.

Employer guidance:

- Can resume unrestricted staffing of worksites

Specific Employer guidance:

- Summer camps (church and school) can open
- Visits to Senior Care Facilities should still be prohibited
- Visits to hospitals shall be subject to the following limitations.

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 - b. Patient Representatives shall be subject to any screening procedures required by the facility including temperature screenings, observance of hand hygiene practices, and the wearing of their own mask at all times while in the facility.
2. The facility may further limit access to patients when Patient Representatives fail to follow facility policy.
3. Social distancing is required at all times.

ⁱ Vulnerable citizens are those who are over 65 years of age or individuals with serious underlying health conditions, including high blood pressure, chronic lung disease, diabetes, obesity, asthma, and those whose immune system is compromised such as by chemotherapy for cancer and other conditions requiring such therapy

ⁱⁱ Common areas are break rooms, kitchens, or other areas where personnel are likely to congregate and interact

ⁱⁱⁱ See [Executive Order 2020-13](#) Paragraph #21 for safer-at-home policies

^{iv} See [Executive Order 2020-13](#) Paragraph # 31 for travel policies

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